

Join the BOSAT Community: Read – Reflect – Share - Grow.

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In today's digital world, information reaches us continuously. Yet what matters most is not how much information we receive, but what we choose to read, reflect on, and carry into our daily lives. **BOSAT** offers one such opportunity—a few thoughtful minutes each month to pause, learn, and grow.

BOSAT is a monthly publication of Siri Vajiraramaya, Bambalapitiya. It was first published in 1936 and relaunched in 2026 for a new generation of readers. Its guiding spirit reflects the vision of Most Venerable Madihe Paññāsīha Mahānāyaka

Thera: **“It is not possible to build a nation without developing its people. Let us build the nation along with the development of its people.”** BOSAT therefore brings Buddhist wisdom into everyday life through themes such as personal development, right attitudes, ethical living, social harmony, heritage, and mindful engagement with the modern world.

Although BOSAT gives special attention to younger readers, including **Gen Z and Gen Alpha**, it is intended for everyone—irrespective of age, religion, race, country, or background. The publication is mainly in simple English, with one selected Sinhala contribution. Articles are intentionally concise, allowing readers to understand the central message within a few minutes rather than having to read lengthy academic articles. BOSAT also welcomes contributions that connect Buddhist philosophy with contemporary personal and social issues.

BOSAT is distributed **free of charge as a digital publication**. A new issue is normally released two days before each Full Moon Poya Day, giving readers an opportunity to spend some time on Poya Day reading and reflecting. Current and previous issues are available through the BOSAT website, while the monthly poster provides convenient QR-code access directly from a mobile phone.

The easiest way to receive each new issue is to join the **BOSAT WhatsApp Community**. Joining is simple and free. If WhatsApp is installed on your device, simply visit <https://bit.ly/join-bosat>. There is no obligation to write, speak, or participate in discussions after joining. Unlike an ordinary chat group, the BOSAT Community is intended mainly as a **low-noise channel for useful information**. Members receive relevant notices, monthly issues, posters, and opportunities connected with BOSAT without being disturbed by unnecessary conversations.

However, we hope that the BOSAT Community will become **more than a distribution channel**. We warmly invite readers to become contributors and volunteers. Some may write articles or provide feedback. Others may help introduce BOSAT to schools, universities, educational institutions, temples, societies, professional groups, and communities in Sri Lanka and overseas.

In this way, volunteers can become **BOSAT representatives within their own communities**. Their role need not be limited to simply forwarding a PDF. They can encourage others to read an article, discuss its message, relate it to present-day life, and consider how its values can be applied in practice.

BOSAT is built on a simple belief: **better individuals help create better communities, and better communities help create a more peaceful and humane world**. A short article may take only a few minutes to read, but a worthwhile idea can influence a lifetime.

Join the BOSAT Community—read with us, reflect with us, share with others, and help us take this meaningful message forward.

Visit: bosat.vajirarama.lk

